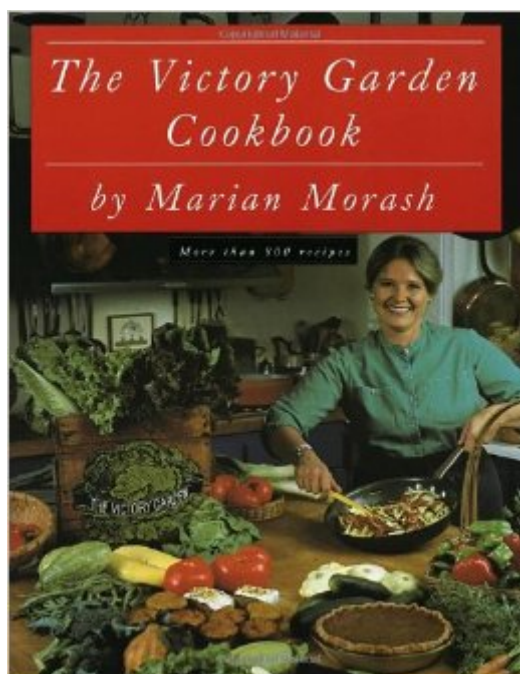


The book was found

# The Victory Garden Cookbook



## Synopsis

There's never been a cookbook like it. An incomparable variety of enticing recipes (more than eight hundred) . . . Basic gardening information . . . Shopping tips for nongardeners . . . Cooking inspirations for whatever you've plucked from the garden today or found fresh in the market . . . Vegetables as accompaniments . . . Vegetables as main courses (including recipes that use meat, fish, and poultry) . . . Vegetable soups, appetizers, salads, relishes . . . Even vegetable breads, pies, cakes, cookies . . . And more, as demonstrated over the years on The Victory Garden public television series. A whole world of vegetable delight.

## Book Information

Paperback: 384 pages

Publisher: Alfred A. Knopf; 1st edition (July 1982)

Language: English

ISBN-10: 039470780X

ISBN-13: 978-0394707808

Product Dimensions: 8.4 x 0.9 x 11 inches

Shipping Weight: 2.8 pounds

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (134 customer reviews)

Best Sellers Rank: #246,017 in Books (See Top 100 in Books) #102 in [Books > Cookbooks](#),

[Food & Wine > Special Diet > Heart Healthy](#) #255 in [Books > Cookbooks, Food & Wine >](#)

[Cooking by Ingredient > Vegetables](#) #402 in [Books > Cookbooks, Food & Wine > Cooking by](#)

[Ingredient > Natural Foods](#)

## Customer Reviews

IN RESPONSE TO: Beware the Calories, January 8, 1999 REVIEW For me the best part of the book is that it is: (in order) alphabetical, reviews how to grow ( I am not a gardener, so do not need this section), how to pick or choose when buying , how to store once at home, how to prepare for cooking, how to cook various methods, then various finishing touches for side dishes such as what spices go well, ( this is one part that does usually have butter or a sauce for serving ideas with herbs etc) this can be used for ideas and it does not take a lot of butter etc per serving to have a vegetable taste good, then there are recipes which I have not even tried!! But I love the how to buy, store, prepare and cook instructions even for those vegetable I have cooked frequently and for those I still have not cooked. I just recently picked it up out of my cupboard again thinking I really need to cook more vegetables, even if I am the only one in my family that will eat it! My husband

does not like very many vegetables, and my kids vary in what they will eat. Please do not let that review make you hesitate, I love this book!!! After reading another review I now have to try the marinara sauce mentioned! here is the review I am responding to. My thought is when you are trying to cook low fat you should read a basic low fat cookbook and then know you can substitute milk, lowfat milk, or evaporated skim milk for cream/half & half and use a broth base for a sauce instead of butter or oil. These are easy ways to alter recipes. I think this book gives great ideas on how to serve a vegetable for example it mentions adding pine nuts with broccoli, it is these additions that make my family rave about the vegetable instead of just serving with salt and pepper.

[Download to continue reading...](#)

The Victory Garden Cookbook  
The Architecture of the Barnes Foundation: Gallery in a Garden, Garden in a Gallery  
Grandmother's Garden: The Old-Fashioned American Garden 1865-1915  
Mosaic Garden Projects: Add Color to Your Garden with Tables, Fountains, Bird Baths, and More  
The Time Garden Note Cards: Color-In Note Cards from the Creator of The Time Garden and The Time Chamber (Time Adult Coloring Books)  
Flower Paintings from the Apothecaries' Garden: Contemporary Botanical Illustrations from Chelsea Physic Garden  
The Bold Dry Garden: Lessons from the Ruth Bancroft Garden  
Garden Calendar - Lavender Calendar - Flower Calendar - Calendars 2016 - 2017 Wall Calendars - Garden Calendars - Flower Calendar - Lavender 16 Month Wall Calendar by Avonside  
First Garden: The White House Garden and How It Grew  
The Edible Flower Garden (Edible Garden Series)  
The Embroidered Garden: Stitching through the Seasons of a Flower Garden (Make Good: Crafts + Life)  
A Garden to Dye For: How to Use Plants from the Garden to Create Natural Colors for Fabrics & Fibers  
Garden Ponds: Basic Pond Setup And Maintenance (Garden Ponds Made Easy)  
Mini Encyclopedia of Garden Ponds: How to Plan, Construct and Maintain a Vibrant Pond That Will Enhance Your Garden  
The Complete Pond Builder: Creating a Beautiful Water Garden (Our Garden Variety)  
Sunset Western Garden Book of Landscaping: The Complete Guide to Beautiful Paths, Patios, Plantings, and More (Sunset Western Garden Book (Paper))  
Garden Butterflies of North America: A Gallery of Garden Butterflies & How to Attract Them  
The Butterfly Garden: Turning Your Garden, Window Box or Backyard Into A Beautiful Home for Butterflies  
Preppers Garden Handbook: Seedsaving, Food Production, and Prepping Your Garden for Survival  
Garden Mosaics: 19 Beautiful Mosaic Projects For Your Garden

[Dmca](#)